

# Bernat Slipper Socks Pattern



## Materials Needed:

- **Yarn:**
  - **Type:** Bernat Jacquards (100g balls)
  - **Color Example:** #13530 Gemstone Jacquard
  - **Quantity:** 2 balls for smaller sizes, 3 balls for larger sizes
- **Yarn Weight:** Worsted (9 wpi)
- **Gauge:** 20 stitches and 26 rows = 10 cm (4 inches) in stockinette stitch
- **Needle Size:** US 7 (4.5 mm)
- **Yardage Required:** 402 - 603 yards (368 - 551 m)
- **Sizes Available:** Lady's shoe size:
  - 5/6 (Small)
  - 7/9 (Medium)
  - 9/10 (Large)

- **Other Materials:**
  - Tapestry needle for weaving in ends
  - Stitch markers (optional, for marking sections)
- **Pattern Measurements:** Sized to fit lady's shoe sizes 5/6 (7/9, 9/10).

#### **Abbreviations:**

- **K** - Knit
- **P** - Purl
- **St(s)** - Stitch(es)
- **Rep** - Repeat
- **YO** - Yarn Over
- **K2tog** - Knit 2 Together
- **SSK** - Slip, Slip, Knit

#### **Stitching Rounds for Bernat Slipper Socks Pattern:**

##### **Ribbed Cuff**

- **Cast On:**
  - CO the number of sts required for your size (ensure the CO is stretchy for comfort). For example, **CO 48 (52, 56) sts** for sizes Small, Medium, and Large, respectively.
- **Work in Ribbing:**
  - Round 1: (K1, P1) rep to end of round.
  - Repeat this round until the cuff measures about 2 inches (or longer if you prefer a taller cuff). Ribbing helps the cuff fit snugly and comfortably around the ankle.

##### **Leg Section**

- **Transition to Stockinette Stitch:**
  - After completing the ribbed cuff, begin working the leg section in St st.
  - Round 1: K all sts.
- **Work in the Round:**

- Continue to knit every round until the leg measures approximately 3-4 inches from the end of the cuff.
- **Optional:** Add colorwork or stripes by changing yarn colors. For example, knit 4 rounds in the main color, then switch to a contrasting color for 2 rounds, and alternate as desired.

### Heel Flap

- **Divide the Stitches:**
  - Place half the sts on a holder (these are for the instep), and work the remaining half for the heel flap. For instance, if you have 48 sts total, work on 24 sts for the heel.
- **Work the Heel Flap (Flat):**
  - Row 1 (RS): (Sl1, K1) rep across. (This creates a reinforced heel).
  - Row 2 (WS): Sl1, P across.
  - Rep these two rows until the heel flap measures approximately 2 inches, or the length needed for your heel depth.

### Turning the Heel

- **Shape the Heel:**
  - Begin working short rows to shape the curve of the heel.
  - Row 1 (RS): K 14 (16, 18), SSK, K1, turn.
  - Row 2 (WS): Sl1, P5 (7, 9), P2tog, P1, turn.
  - Continue working as above, increasing the number of sts worked by 1 each row (K or P) until all sts are incorporated into the heel.

### Gusset

- **Pick Up Stitches Along the Heel Flap:**
  - With RS facing, pick up and K 12 (14, 16) sts along the side of the heel flap.
  - K across the instep sts that were on hold.
  - Pick up and K 12 (14, 16) sts along the other side of the heel flap.
  - Knit across half the heel sts to reposition the starting point of the round.
- **Shape the Gusset:**

- Round 1: K to 3 sts before the instep, K2tog, K1, K across instep sts, K1, SSK, K to end.
- Round 2: K all sts.
- Rep these two rounds until you are back to the original number of sts (e.g., 48 (52, 56)).

## Foot

- **Continue in Stockinette Stitch:**
  - Work in the round, knitting all sts.
  - Continue until the foot measures about 1 inch less than the desired length of the slipper (use your shoe size for reference). For example, stop at 8 inches for a 9-inch foot length.

## Toe Shaping

- **Begin Decreasing for the Toe:**
  - Round 1: K1, SSK, K to 3 sts before the end of the instep, K2tog, K1.
  - Round 2: K all sts.
  - Repeat these two rounds until 8 sts remain.
- **Final Shaping:**
  - When you have 8 sts left, break the yarn, leaving a long tail. Use the tail and a tapestry needle to thread through the remaining sts, pulling tightly to close the toe. Secure with a knot.

## Finishing

- **Weave in Ends:** Use the tapestry needle to weave in all loose ends on the inside of the slipper. Trim excess yarn.
- **Block (Optional):** Gently block the slippers to ensure even stitches and the correct size.
- **Decorate (Optional):** Add tassels or pompoms for a playful finish by attaching them securely to the cuffs.