

Swaddle Babies Pattern



Materials Needed & Measurements:

- **Suggested Yarn Brand/Type:** Baby yarn, such as Lion Brand Baby Soft, Bernat Softee Baby, or similar.
- **Hook Size:**
 - For Light (3) yarn: 3.5mm–4mm.
 - For Medium (4) yarn: 4mm–5mm.
- **Yarn Weight:** Light (3) or Medium (4), depending on desired thickness.
- **Needle:** Tapestry needle for weaving in ends and sewing parts together.
- **Fiberfill:** Small amount for stuffing the baby.
- **Safety Eyes or Embroidery Thread:** For facial features.
- **Stitch Markers:** Optional, to mark rounds if working in the round.
- **Yarn Measurements:** Approximately 50–100 grams (depending on the size of the swaddle baby).
- **Pattern Measurements:** Approximately 5–8 inches tall, depending on yarn and hook size.

Abbreviations:

- **ch:** Chain
- **sl st:** Slip Stitch
- **sc:** Single Crochet
- **inc:** Increase (two sc in one stitch)
- **dec:** Decrease (single crochet two stitches together)
- **hdc:** Half Double Crochet
- **dc:** Double Crochet
- **st(s):** Stitch(es)
- **rep:** Repeat

Stitching Rounds for Swaddle Babies Pattern

Body

- **Round 1:** Begin with a magic ring, **ch 1**, and work **6 sc** into the ring. Pull the ring tight and join with a **sl st** to the first **sc**. (6 sts) *Tip:* A magic ring helps close the bottom of the baby tightly, preventing fiberfill from escaping.
- **Round 2:** **inc** in each st around (work 2 **sc** into each st). (12 sts)
- **Round 3:** (**sc, inc**) *rep* around. Work 1 **sc** in the first st, then **inc** in the next. Repeat this pattern around. (18 sts)
- **Rounds 4–7:** **sc** in each st around without increases or decreases. Work evenly to create the cylindrical body shape. (18 sts per round)
- **Round 8:** (**sc, dec**) *rep* around. Work 1 **sc**, then **dec** over the next two sts. Repeat this pattern. (12 sts)
- **Stuff the body** lightly with fiberfill, ensuring it holds its shape but isn't too rigid.
- **Round 9:** **dec** in each st around. (6 sts) Fasten off, leaving a long tail for sewing if necessary.
- **Head**
- **Round 1:** Start with a magic ring, **ch 1**, and work **6 sc** into the ring. Pull the ring tight and join with a **sl st**. (6 sts)
- **Round 2:** **inc** in each st around. (12 sts)

- **Round 3:** (*sc, inc*) *rep* around. Work 1 **sc**, then **inc** in the next st. Repeat around. (18 sts)
- **Round 4:** (*2 sc, inc*) *rep* around. Work 2 **sc**, then **inc** in the next st. Repeat this sequence. (24 sts)
- **Rounds 5–8:** **sc** in each st around. (24 sts per round) *Tip:* This creates a smooth and rounded shape for the head.
- **Round 9:** (*2 sc, dec*) *rep* around. Work 2 **sc**, then **dec** over the next two sts. Repeat around. (18 sts)
- **Round 10:** (*sc, dec*) *rep* around. Work 1 **sc**, then **dec**. Repeat around. (12 sts)
- **Round 11:** **dec** in each st around. (6 sts) Fasten off, leaving a long tail for sewing.

Swaddle Blanket

- **Foundation Chain:** **ch 20** (adjust based on your baby's size for a snug or loose wrap).
- **Row 1:** Starting in the second **ch** from the hook, work 1 **hdc** in each **ch** across. (19 sts) *Tip:* **hdc** creates a slightly stretchy texture perfect for a swaddle.
- **Rows 2–10:** **ch 1**, turn, and work 1 **hdc** in each st across. (19 sts per row)
- Fasten off and weave in ends neatly.
Optional: Add a scalloped edge by working (*sc, skip 1 st, 3 dc in next st*) *rep* across one side of the blanket.

Assembly Instructions

- **Attach the Head to the Body:** Use the tapestry needle and long yarn tail left from the head. Insert the needle through the last round of the body and the bottom of the head, sewing around securely. Make sure the head sits firmly on the body.
- **Facial Features:** Use safety eyes or embroider the eyes with black or brown thread. Add a small stitched smile with pink or red thread. Position the features about halfway up the head.
- **Swaddle the Baby:** Wrap the completed blanket around the baby's body. You can fold one side, then the other, like a real swaddle. Use a few **sl st** to secure it or leave it removable.
- **Final Touches:** Add embellishments like a bow, tiny pom-poms, or a crocheted hat to personalize the swaddle baby.