

Free Strip & Flip Quilt Pattern



Pattern Description:

The **Strip & Flip Baby Quilt** is a vivid, playful quilt featuring colorful strips cleverly “flipped” for a dynamic, modern design.

Easy for beginners, it combines simple strip piecing with strategic cuts and white accents, creating visual interest without complex blocks.

Perfect for nurseries or gifts, it measures approximately 36" × 41" and delivers a cheerful, cozy finish.

Materials Needed & Measurements:

- **Colored Fabric Strips:** 27 strips, each 2" wide × at least 36" long
- **White Fabric Strips:** 2 strips, each 1½" wide × at least 42" long
- **Backing Fabric:** Approximately 40" × 45" (or slightly larger to allow for quilting and binding)
- **Batting:** Same size as backing fabric (~40" × 45")
- **Thread:** Coordinating color for piecing and quilting
- **Optional Binding Fabric:** Enough to bind around the quilt edges (~2½" wide strips, total length depends on quilt perimeter)

Abbreviations Used

- **RST** - Right Sides Together
- **SA** - Seam Allowance ($\frac{1}{4}$ ")
- **WOF** - Width of Fabric
- **HST** - Half-Square Triangle (not used here, but common in strip quilts)
- **PS** - Press Seams

Instructions for Making the Strip & Flip Quilt Pattern:

Step 1: Prepare Fabric Strips



- Cut **27 colored strips**, each **2" \times 36"** (or longer).
- Cut **2 white strips**, each **1½" \times 42"** (or longer).
- Lay strips **in desired color order** on a design wall or table for visual reference.

Step 2: Sew Color Strips



- Take 2 colored strips, place **RST**, and sew along the **long edge** using a $\frac{1}{4}$ " SA.
- Continue **chain piecing** strips together in pairs until all are sewn.
- Press **seams open (PS)** to reduce bulk and keep the quilt flat.
- **Tip:** Pressing seams open helps avoid a bulky center and makes trimming easier later.

Step 3: Trim Quilt Top



- Fold the quilt top in half **lengthwise** and align on a cutting mat.
- Trim edges to **approx. 35" width**, ensuring ends are straight and even.

Step 4: Make Strategic Cuts



- From the **right side**, measure **8" in** from the edge and make a vertical cut.
- From this new edge, measure **5" in** and make another vertical cut.
- **You now have 3 sections:**
- **Section A:** Rightmost 8" strip
- **Section B:** Middle 5" strip
- **Section C:** Left remainder
- **Tip:** Keep the cuts precise. Accurate measurements ensure the “flip” effect aligns perfectly.

Step 5: Add White Strips



- Sew a **white strip** to each side of the 5" middle section (**Section B**), **RST**, using a $\frac{1}{4}$ " **SA**.
- Press **toward the white strips (PS)**.
- Trim ends so Section B remains even with other sections.
- **Tip:** This adds a crisp separation between the flipped section and the rest of the quilt.

Step 6: Reassemble Quilt Top



- Rotate **Section B** 180° horizontally, so colors flip.
- Sew Section B back **between Sections A and C**, maintaining a 1/4" SA.
- Press seams toward the **white strips (PS)**.

Step 7: Add Backing & Batting



- Layer **batting** between quilt top and backing fabric.
- Ensure **RST** for top and backing if you plan to quilt edges first, or sandwich for free-motion quilting.

Step 8: Quilting



- Quilt as desired, straight lines along strips, or free-motion for a more playful effect.
- Keep stitches consistent for a professional finish.

Step 9: Bind the Quilt



- Prepare binding strips (~2½" wide).
- Sew binding **RST**, fold over edges, and hand-stitch to finish.
- **Tip:** Miter corners for a clean, polished look.

Step 10: Finishing



- Trim any loose threads.
- PS one last time.
- Your **Strip & Flip Baby Quilt** is complete, measuring **approx. 36" × 41"**.

This method creates a **playful, vivid baby quilt** using simple strip piecing and strategic flipping to achieve a modern, eye-catching design.