

# Free DIY Ruffled Apron Pattern



## Pattern Description:

This easy ruffled apron pattern creates a charming, vintage-style kitchen apron featuring a gathered lower ruffle, curved body, and handy front pocket.

Designed for beginners, it combines practicality with a feminine touch. The pattern includes adjustable waist ties and a comfortable neck strap, making it perfect for everyday cooking, crafting, or gift-making projects.

## Materials Needed & Measurements:

- **Main fabric:**  $\frac{3}{4}$  yard (for apron body and ruffle)
- **Contrast fabric:**  $\frac{1}{4}$  yard (for neck strap and waist ties)
- **Thread:** matching or coordinating color
- **Optional:** lace, rickrack, or bias tape for trim
- **Basic tools:** scissors, sewing machine, pins, iron, measuring tape
- **Apron body width:** ~13 inches (bottom), ~5-6 inches (top)
- **Ruffle strips:** two pieces, 4 inches wide each

- **Waist ties:** two pieces, ~23 inches long
- **Neck strap:** one piece, ~11 inches long
- **Pocket:** one piece (shape optional, ~6-7 inches wide)

### **Instructions for Making the DIY Ruffled Apron Pattern:**

Here's a **plagiarism-free, step-by-step tutorial** for making a **DIY Ruffled Apron Pattern**:

#### **Step 1: Prepare the Fabric and Materials**



Start by gathering all your supplies. You'll need  $\frac{3}{4}$  yard of the main fabric for the apron body and ruffle, and  $\frac{1}{4}$  yard of contrasting fabric for the straps and neckpiece.

Choose 100% cotton or a lightweight cotton blend- it's durable, washable, and easy to sew.

Press your fabrics before cutting to remove wrinkles and ensure accuracy. Lay the main fabric flat on a large surface, right side facing up.

#### **Step 2: Cut the Apron Body and Ruffle**



Fold the main fabric in half lengthwise. Draw the apron body shape along the fold, about **5-6 inches wide at the top** and **13 inches at the bottom**.

The curved edges should gently slope from the top to the waist. Cut along the outline to get a symmetrical apron body.

Next, cut **two ruffle strips**, each **4 inches wide**. These will later be joined together to form one long ruffle that runs along the apron's bottom edge.

From the leftover fabric, cut out a **pocket piece** about 6-7 inches wide, either square or rounded.

### **Step 3: Cut and Prepare the Straps**



From the contrasting fabric, cut:

- Two waist ties, each about **23 inches long** and **2 inches wide**
- One neck strap about **11 inches long** (adjust to fit your comfort)

Fold each strap lengthwise with right sides together. Stitch along the long edge and one short end using a **¼-inch seam allowance**.

Turn them right side out with a safety pin or turning tool, press flat, and edge-stitch for a neat finish.

#### **Step 4: Create and Attach the Pocket**



Fold and press under  **$\frac{1}{4}$  inch** on all sides of the pocket, then fold another  **$\frac{1}{4}$  inch** to encase raw edges. Stitch along the edges to hem the pocket neatly.

If you want to add decoration, now's the time to sew lace, bias tape, or rickrack along the pocket's top edge.

Place the pocket on the front of the apron body where you want it, usually around waist level or slightly below. Pin it securely and stitch around the sides and bottom, leaving the top open.

#### **Step 5: Sew and Gather the Ruffle**



Join the two 4-inch-wide ruffle strips by placing them perpendicular to each other, right sides facing. Stitch diagonally across the corner to form one long strip, then trim the seam and press it open.

Hem the bottom edge of the ruffle by folding under  $\frac{1}{4}$  inch, pressing, then folding again and stitching along the edge.

For gathering, sew **two rows of long basting stitches** along the upper edge of the ruffle, about  $\frac{1}{4}$  inch apart.

Gently pull the bobbin threads to gather the fabric evenly until the ruffle matches the bottom edge length of the apron body.

#### **Step 6: Attach the Ruffle to the Apron Body**



Pin the ruffle along the curved bottom edge of the apron, right sides together. Adjust the gathers evenly for a balanced look. Stitch the ruffle to the apron body, sewing just below the basting lines.

Remove the visible gathering stitches afterward and press the seam flat. If desired, topstitch along the seam for added durability and a polished look.

### **Step 7: Finish the Apron Edges**





Fold the raw side and top edges of the apron body under by  $\frac{1}{4}$  inch, press, fold again, and stitch all around to create clean hems. This step gives your apron a professional finish and prevents fraying.

**Step 8: Attach the Neck Strap and Waist Ties**





Position the neck strap ends at the upper corners of the apron and pin them in place. Similarly, pin the waist ties to each side at waist level. Make sure the straps aren't twisted.

Sew a **box stitch** (a square with an X inside) at each strap's attachment point for extra strength. This reinforcement ensures your apron holds up during daily use.

### Step 9: Final Touches



Press the entire apron to smooth out any wrinkles and set the seams. Trim any loose threads and, if you like, apply a bit of *Fray Check* to the strap ends for extra protection.

Your DIY ruffled apron is now ready!