

Free Ela Peplum Top and Ava Mini Skirt Pattern



Pattern Description:

The Ela Peplum Top (MDF420) is a close-fitted women's garment available in sizes 00-32. It features a structured bodice with front and back panels, a flared peplum hem, and optional flaps for styling.

Designed with lining pieces included, it offers a polished finish, suitable for both casual and formal wear.

Materials Needed & Measurements:

- **Fabric Recommendation:** Suiting, twill, or plaid (medium-weight woven fabrics).
- **Lining Fabric:** Required for all bodice and peplum sections.
- **Body Measurements:** Bust 31-59.5", Waist 23-51.5", Hips 34-65.5" (sizes 00-32).
- **Finished Garment Bust:** 30.5-59".
- **Seam Allowance:** ½" included unless otherwise noted.

Preparing the Patterns

- **Print and Assemble:** Print the pattern at actual size. Check the test square to ensure accuracy. Assemble the sheets using either the trimless overlap or trimmed matching method.
- **Cutting Fabric:** Cut all fabric and lining pieces according to the instructions. For mirrored pieces, ensure fabric is folded or cut in pairs.
 - **Ela Top pieces include:** upper bodice front and back sections, lower peplum panels, side panels, and optional flaps.
 - **Ava Skirt pieces include:** skirt front, skirt back, waistband, and facings.
- **Marking:** Transfer all notches, darts, and grainlines onto the fabric. This ensures correct alignment during sewing.

Sewing the Ela Peplum Top

Step 1: Constructing the Bodice

- Join the upper front center to the side front panels, matching notches.
- Attach the upper back center pieces to the side back panels.
- Sew shoulder seams, then side seams, pressing them open for a clean finish.

Step 2: Adding the Lining

- Repeat the same construction steps with lining pieces.
- Place lining and bodice right sides together, sewing along the neckline and armholes.
- Clip curves and understitch for a crisp edge, then turn right side out.

Step 3: Assembling the Peplum

- Sew the lower front center to lower side panels, then attach to the back pieces.
- Repeat with lining if using.
- Attach the peplum to the bodice, ensuring even distribution of seams.

Step 4: Optional Flaps

- Sew flap pieces right sides together, turn, and press.
- Insert flaps between bodice and peplum seams for a decorative touch.

Step 5: Finishing

- Insert zipper at the back.
- Press thoroughly, ensuring seams lay flat.
- Hem the peplum lining and fabric for a neat finish.

Sewing the Ava Mini Skirt

Step 1: Shaping the Skirt

- Sew darts on the front and back panels. Press darts toward the center for structure.
- Join side seams and press open.

Step 2: Adding the Waistband

- Interface the waistband for stability.
- Sew waistband to the skirt top edge, right sides together.
- Fold waistband inside, press, and topstitch for a polished finish.

Step 3: Installing the Zipper

- Insert an invisible zipper into the back seam.
- Sew the remaining back seam below the zipper, ensuring smooth alignment.

Step 4: Hemming

- Fold hem allowance, press, and stitch. Choose a narrow hem for a modern finish.

Final Touches

- **Fit Check:** Try on both garments to check comfort and fit. Make adjustments to darts or seams as necessary.
- **Pressing:** Press all seams for a professional look.
- **Styling:** Pair the fitted Ava Mini Skirt with the structured yet flared Ela Top for a chic outfit. The combination balances sleek lines with volume, offering a flattering silhouette.