

Free Neck Pillowcase Pattern



Pattern Description:

This free sewing pattern guides you through making a **soft, removable neck pillowcase** that provides both comfort and convenience.

Designed to fit a standard U-shaped neck pillow, this pillowcase is slightly loose to allow flexibility and a natural contour around the neck.

It's made from **quilting cotton**, a breathable and durable fabric that holds its shape well while being easy to clean.

The pillowcase features a **zippered back** created from two rectangular fabric panels, allowing quick removal for laundering.

Materials Needed & Measurements:

- **Fabric:** 2 fat quarters or ½ yard (0.5 m) of quilting cotton
- **Notions:**
 - 10-inch (25 cm) zipper
 - 5 inches (12.5 cm) of ribbon
 - Matching thread

- **Tools:**

- Sewing machine with zipper foot
- Fabric scissors or rotary cutter
- Pins or clips
- Fabric marker or chalk
- Iron and ironing board

Instructions for Making the Neck Pillowcase Pattern:



Cutting Instructions

Cut your quilting cotton into the following three rectangular pieces:

- **Front piece:** 16½ x 13 inches
- **Back (larger piece):** 16½ x 9 inches
- **Back (smaller piece):** 16½ x 5¼ inches

Step 1: Installing the Zipper

- **Attach the zipper to the larger back piece:** Place the zipper face down along the top edge of the larger back piece (16½ x 9 inches). Pin carefully, ensuring the wrong side of the zipper is facing up. Stitch in place using a zipper foot.

- **Attach the smaller back piece:** Align the smaller back piece (16½ x 5¼ inches) with the opposite side of the zipper, right sides together. Pin and stitch using the zipper foot.
- **Create the zipper overlap:** Once both sides are attached, open the fabric so the right side faces up. Fold the fabric above the zipper downward to overlap it by about 1 inch. Press neatly with an iron.
- **Topstitch for a clean finish:** Stitch close to the folded edge along the length of the zipper and at both ends to secure the overlap. This gives your neck pillowcase a professional finish and hides the zipper neatly.

Step 2: Shaping and Assembling the Pillowcase

- **Pin and align the fabric pieces:** Lay the front piece right side up and place the completed back panel right side down on top of it. Align all edges and **open the zipper halfway** to allow turning the cover later.
- **Trace the pillow shape:** Place your neck pillow on top of the pinned fabric. Flatten it slightly and trace around it with fabric chalk, leaving about **½ to 1 inch of space** around the outline. This extra allowance ensures a relaxed, comfortable fit.
- **Add a ribbon loop:** Fold your 5-inch ribbon in half to form a small loop. Insert it between the two layers at the top of the pillow outline, with the raw ends aligned to the edge. Pin in place securely.
- **Sew around the outline:** Stitch along the traced outline using a straight stitch. Once complete, test the fit by slipping the pillow inside. If it fits well, reinforce the seam by stitching around the shape a second time.
- **Trim and finish the edges:** Trim any excess fabric, leaving a **¼ inch seam allowance**, and clip the curves carefully so the seams will turn smoothly.
- **Turn and press:** Turn the pillowcase right side out through the zipper opening. Press all seams flat for a crisp, polished finish. Insert your neck pillow through the zipper, close it, and enjoy your new pillowcase!

Finishing Touches

To enhance durability, you can double-stitch the seams or finish them with a zigzag or serger stitch. You might also personalize your pillowcase with patterned cotton, contrast piping, or embroidered initials.

This **Neck Pillowcase pattern** creates a cozy, washable cover that combines practicality and comfort.

Whether for home use, long flights, or road trips, it adds a touch of handmade charm to your relaxation essentials.