

Free Quilt as You Go Mug Rug Sewing Pattern



Pattern Description:

This is an easy **Quilt As You Go Mug Rug Tutorial** (finished size: **6" x 9"**). The technique involves layering and basting the backing and batting, then sewing fabric strips onto this foundation, simultaneously quilting all layers.

Applique is optional, but adds a charming touch. This is a fun, quick project, taking only about 4-6 hours, and is an excellent way to use leftover fabric scraps.

Materials Needed & Measurements:

- **Mug Rug Size:** 6" x 9" (Finished size).
- **Fabric Scraps:** Scraps of 7 different fabrics, at least 1 3/4" wide. Specific cut pieces needed are **(7) 1 3/4" x 6 1/2" rectangles**.
- **Backing Fabric:** 6 1/2" x 9 1/2".
- **Batting:** 6 1/2" x 9 1/2" (Any type of leftover batting is fine; Pellon Thermolam Plus was used).

- **Binding Fabric:** (1) strip of desired width. **2 1/4" wide binding strip** (standard) or a **1 1/4" wide binding strip** (for single-fold binding).
- **Optional:** Paper-backed fusible web product for applique (Heat 'n Bond Lite is recommended).
- **Optional:** Print out templates for applique.

Instructions for Making the Quilt as You Go Mug Rug Pattern:



Preparation and Cutting Instructions

- **Prepare Layers:** Cut the **backing fabric** and the **batting** both to **6 1/2" x 9 1/2"** rectangles. Any type of leftover batting can be used, though Pellon Thermolam Plus was used in the example.
- **Cut Fabric Strips:** Cut scraps of 7 different fabrics into **(7) 1 3/4" x 6 1/2" rectangles**. These fabric strips should be at least 1 3/4" wide.

Implementing the Quilt As You Go Technique

- **Baste the Foundation:** Baste the backing and batting rectangles together. For this small project, options for basting include using pins, a small amount of basting spray, or water-soluble glue.

- **Set Up Machine Thread:** It is essential that the **bobbin thread matches the backing fabric**, as the stitching will show on the back. The top thread can be a neutral color. A walking foot is recommended, or an integrated dual feed can be used.
- **Start the Center Strip:** The quilt is constructed working from the center outward to the sides. Place the first **1 3/4" x 6 1/2"** fabric rectangle right side up along the **center** of the basted foundation, making sure it is straight and parallel to the long sides.
- **Attach the Second Strip:** Take the second **1 3/4" x 6 1/2"** rectangle and place it right side down on top of the first center rectangle, matching one raw edge.
- **Stitch and Press:** Stitch through all three layers (fabric strips, batting, and backing) using a **1/4" seam allowance**. Once stitched, finger-press the seam open or use a seam roller.
- **Continue to the Side:** Take the next fabric strip and repeat the process, working toward the right side of the quilt sandwich. There may be a small amount of batting and backing remaining uncovered at the edge, which will be trimmed later.
- **Finish the Other Half:** Turn the quilt sandwich and add the remaining fabric strips to the opposite side using the same technique.

Finishing and Trimming

- **Trim the Mug Rug:** Trim the completed quilt sandwich down to the final finished size of a **6" x 9" rectangle**.
- **Edge Basting:** Baste around the edges of the trimmed piece. This basting should be done **within 1/4" of the raw edge**, using a walking foot and a long stitch length.

Optional Applique Instructions

If you choose to add applique, fusible, raw-edge applique works well for this project.

- **Fuse Shapes:** Once the desired applique shape is cut out and the paper backing removed, fuse it onto the quilted top.
- **Stitch Edges:** Stitch the raw edges of the fused shape down using a favorite stitch, such as a **zig zag stitch**. This step simultaneously adds to the quilting, as the stitching goes through all layers and shows up on the back of the mug rug.
- **Adding Details:** For shapes like the leaves, a small stem can be added at the end of each applique piece using a semi-decorative stitch, a reinforced straight stitch, or a narrow zig zag.

Binding the Mug Rug

The binding is added to the mug rug just as it would be added to any typical quilt.

- **Standard Binding:** Width for a standard binding strip is **2 1/4" wide**.
- **Single-Fold Binding (Optional):** For a flatter binding edge, which is nice for this project, try a single-fold binding. This technique requires a narrower binding strip, typically **1 1/4" wide**.
- **Finishing:** The binding can be secured to the second side either by machine stitching or by hand for those who enjoy handwork.
- **Labeling:** Remember to add a label if you have one.