

# Free Teal Mini Swap Embroidered Mug Rug Pattern



## Pattern Description:

The Teal Mini Swap Embroidered Mug Rug is a small, scrappy quilted project, often utilizing teal and blue fabrics.

It features a central heart design framed by hand embroidery, including running stitches and small flowers. The quilting is kept simple. This pattern is based on a previous Valentine's Day Mug Rug design.

The combination of scrappy quilting, gentle colors, and simple hand-stitching makes this a thoughtful gift or a treasured keepsake that perfectly blends creativity and cause.

## Materials Needed & Measurements:

- **Measurements:** The finished size of the mug rug is **6" x 9"**.
- **Materials:**
  - Fabrics are needed, typically following a **soothing monochromatic palette** of teal and other blues. The recipient appreciated modern fabrics and a **scrappy** style.

- The project specifically requires teal fabric, as participants in the swap received a small piece of it. The project is a great way to use scraps.
- Supplies for **hand embroidery** are required to add details such as flowers (framing the heart and placed randomly in 1" border squares) and a running stitch along the inside heart border. PDF patterns for the embroidery were made available.

## **Instructions for Making the Teal Mini Swap Embroidered Mug Rug:**

### **Fabric Selection and Piecing**

The color scheme is critical for the Teal Mini Swap project, emphasizing a **soothing monochromatic palette** of blues.

The preferred aesthetic includes **clear colors** and **modern fabrics**. Since the project is part of a swap, the design **must contain teal fabric**, as participants received a small piece of this material to include. The mug rug should be crafted in a **scrappy** style.

The central focus of the mug rug is a **heart design**. Based on descriptions, this heart is likely pieced into the center of the mug rug. The design also incorporates a border composed of **little 1" squares**.

Construction of the mug rug involves piecing together the chosen fabrics, including the main heart block and the bordering squares, prior to the application of decorative elements and quilting.

### **Applying Hand Embroidery Details**

Hand embroidery is a key characteristic of this design. Supplies for hand embroidery will be needed.

If the maker wishes to incorporate the specific motifs used, PDF patterns for the embroidery were made available. The handwork should strategically enhance the main design elements.

### **Specific embroidery instructions involve three distinct areas:**

- **Heart Framing:** Add **embroidered flowers** placed specifically to **"frame" the central heart**.
- **Heart Inner Border Detail:** Apply a **running stitch** placed precisely **along the inside border of the heart**.
- **Border Square Details:** Add a **few randomly placed embroidered flowers** within the individual **1" squares** that make up the surrounding border.

## Quilting and Finishing

Once the top of the mug rug is pieced and the hand embroidery is completed, the project must be layered and quilted. The quilting technique should be **kept simple**.

After the simple quilting step is finished, the project should be bound and completed to the finished size of 6" x 9", resulting in the final mini swap mug rug.

This finished item serves as a beautiful way to support Ovarian Cancer research through sewing.